

Prior Authorization: Selectively Used & Evidence-Based MEDICARE ADVANTAGE

Prior authorization is an important tool used by both public and private payers to ensure patient care follows evidence-based clinical guidelines. It helps reduce patients' exposure to low-value, unsafe or inappropriate care, thereby leading to better health outcomes and more affordable care for patients.

At the same time, health plans recognize patients are often frustrated when their prescription medication or medical procedure is not promptly approved or is denied following prior authorization review. Health plans are taking <u>proactive steps</u> to improve the patient experience and ensure that prior authorization is used selectively, based on clinical evidence and streamlined for patients and providers.

According to a 2024 survey of AHIP's Medicare Advantage (MA) health plan members on their prior authorization processes:

Most Claims Do Not Require Prior Authorization

92% of claims for prescription medications and 93% of claims for medical services are not subject to prior authorization.



Vast Majority of MA Claims **NOT** Subject to Prior Authorization*

*The data is weighted by enrollment in responding plans.

Most Prior Authorization Requests are Approved

The average final approval rates of MA health plans are 90% for prescription medications and 98% for medical services.



Final* Prior Authorization Approvals

*Final approval indicates approval following the appeals process.

Prior Authorization Programs are Based on Evidence and Provider Input, Never Cost Alone

All responding MA health plans reported that their prior authorization programs:



Health Plans are Streamlining Prior Authorization in Multiple Ways

MA health plans are taking a wide range of steps to streamline the prior authorization (PA) process for patients and providers:



Despite the Growing Availability of Electronic Prior Authorization, Many Prior Authorization Requests Continue to be Submitted Manually by Providers

While health plans have continued to invest in the infrastructure needed to streamline the prior authorization process by driving adoption of electronic prior authorization (ePA), manually-submitted requests still account for nearly half of all requests for an average MA health plan.







Artificial Intelligence (AI) is Never Used to Deny Prior Authorizations Based on Clinical Issues Without Medical Review



100% of MA health plans reported that Al or algorithms are **never** used to deny prior authorization requests that involve medical necessity or clinical considerations without clinician and/or practitioner review.

All MA Plans Review Their Prior Authorization Lists At Least Annually

All MA health plans annually review their lists of medications and services subject to prior authorization, with **20% reviewing prescription medications bi-annually or more often** and **27% reviewing medical services bi-annually or more often**.



Review Frequency for Services and Prescription Medications Subject to Prior Authorization

For more information about health plans' commitment to supporting patients and improving the prior authorization process, visit <u>AHIP.org/supportingpatients</u>.

