

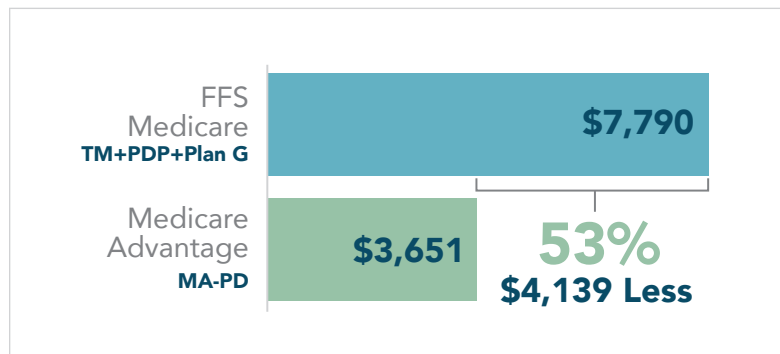
Seniors Choose Medicare Advantage for Affordable, High-Quality Care

More than 35 million seniors and individuals with disabilities choose Medicare Advantage (MA) because it consistently delivers better care at lower costs compared to fee-for-service (FFS) Medicare.

The research and data below highlight how MA delivers real value for seniors by keeping costs lower and offering comprehensive benefits that support high-quality care.

Greater Affordability Year Over Year

Estimated Annual Health Care Spending by Comparable Beneficiaries, 2025



MA beneficiaries spend significantly less on premiums and out-of-pocket costs than those with similar coverage under FFS Medicare. In 2025, estimated annual spending for an MA beneficiary with a prescription drug (MA-PD) plan was 53% less than beneficiaries with a package of FFS Medicare, Medigap and drug benefits – saving MA beneficiaries \$4,139 per year.¹

These savings under MA are essential for the millions of beneficiaries living on low and fixed incomes, especially amid rising hospital and prescription drug prices.

More Security and Peace of Mind

MA protects seniors from unexpected costs with an average out-of-pocket maximum. For 2026, the median maximum out-of-pocket limit for MA beneficiaries is \$5,900.² In 2026, 97% of MA plans set a maximum out-of-pocket limit below the CMS limit of \$9,250.³

In contrast, FFS Medicare does not protect seniors with an out-of-pocket maximum for the services covered under Part A and Part B. This means there is no limit on how much seniors could pay for services including hospital stays, outpatient surgeries and doctor visits.

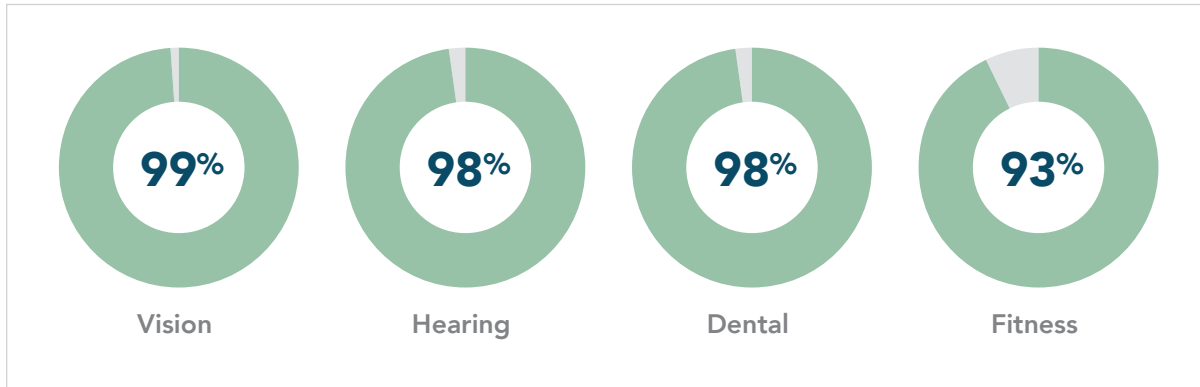
¹ Milliman used publicly available premium and benefit data and 2023 and 2024 CMS Research Identifiable Files to compare 2025 total annual health care costs (premiums + out-of-pocket cost sharing) for an average, aged, non-dual Medicare beneficiary with Medicare Advantage and Part D coverage (MA-PD) versus an individual with fee-for-service (FFS) Medicare coverage combined with a standalone Part D drug plan (PDP) and Medigap Plan G. The analysis adjusted for risk score differences between MA and FFS populations; <https://www.milliman.com/en/insight/2025-beneficiary-value-unitedhealth>

² <https://bettermedicarealliance.org/news/new-analysis-finds-rising-out-of-pocket-costs-and-fewer-plan-choices-ahead-for-medicare-advantage-beneficiaries-in-2026/>

³ <https://bettermedicarealliance.org/publication/analysis-of-the-2026-medicare-advantage-plan-landscape/>

Additional Benefits that Promote Greater Health and Wellness

Most MA Plans Cover Key Benefits



MA outperforms traditional FFS Medicare in preventive and chronic care management, including greater use of preventive care services such as breast and colorectal cancer screenings among MA beneficiaries.⁴ Nearly all MA plans (> 98%) offer dental, vision and hearing benefits, and more than 93% also include fitness benefits.⁵

Real Value: Medicare Advantage Offers Seniors More, For Less

A majority of eligible Medicare beneficiaries choose MA for its **coordinated care, comprehensive benefits, better outcomes and increased savings** compared to FFS Medicare. In 2026, nearly all MA beneficiaries (98%) have access to these benefits through an MA prescription drug plan with no additional monthly premium.⁶

These proven benefits drive Medicare Advantage's consistently high satisfaction among beneficiaries year after year⁷ and underscores why more than 35 million seniors choose MA for their coverage and care.

⁴ <https://www.ahip.org/resources/medicare-advantage-provides-higher-quality-of-care-and-better-rates-of-preventive-service-than-fee-for-service-medicare>

⁵ <https://www.kff.org/medicare/medicare-advantage-2026-spotlight-a-first-look-at-plan-premiums-and-benefits/>

⁶ Ibid.

⁷ <https://bettermedicarealliance.org/medicare-advantage/about-medicare-advantage/>