

Understanding the Value of Medicaid **Long Term Services and Supports**

Medicaid is the nation's essential safety net, helping to improve the health and financial security of approximately 1 in 5 Americans every single day. A critical part of Medicaid is providing long term services and supports (MLTSS) to patients suffering from functional limitations and/or chronic illnesses.

MLTSS are lifesaving and life-sustaining, restoring patients' dignity and elevating the quality of their life. From providing help with bathing and dressing to preparing meals and dispensing medication, MLTSS are a proven success.



MLTSS accounted for 30% (\$167 billion) of total Medicaid spending in 2016.



57% (\$95 billion) of total MLTSS spending was on home and community-based services (HCBS).



Medicaid spending on HCBS has topped spending on facility-based care since 2013.



24 states contract with Medicaid managed care plans to provider long term services and supports, up from only 8 in 2004.



More than 1.7 million Americans receive MLTSS through a Medicaid managed care plan.

MLTSS programs have made great strides over the last 20 years, and as Medicaid managed care plans increasingly take over, continued advancements are guaranteed. MLTSS programs will continue to ensure that Medicaid enrollees can maintain their independence and quality of life, while making smart use of taxpayer dollars.

